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Remimeo
Dn Checksheet
Scn Grades
 Checksheet
Qual Cramming
HGC Auditors

(Reissued 27 October 1988. Only
change is to correct a typographical
error. Correction in script.)

TRs AND COGNITIONS

In the presence of rough TRs cognitions do not occur.

Cognitions are the milestones of case gain.

Rough TRs, rough metering, out-Code and a distractive
auditor then make no case gain.

When an auditor has smooth, usual TRs, does his metering
expertly and without attracting the pc's attention, when he
follows the Auditor's Code (particularly regarding evaluation and
invalidation) and when he is interested, not interesting as an
auditor, the pc cognites and makes case gains.

Further, according to the axioms, a bank straightens out by
AS-ISING its content. If the pc's attention is distracted to the
auditor and meter, his attention is not on his bank so AS-ISING
cannot occur.

The definition of in-session is INTERESTED IN OWN CASE AND
WILLING TO TALK TO THE AUDITOR. When this definition describes
the session in progress, then of course the pc will be able to
AS-IS and will cognite.

By Dianetics: The Original Thesis, the auditor plus the pc
is greater than the pc's bank. When the auditor plus the bank
are both overwhelming the pc, then the bank seems greater than
the pc. It is this situation which gives a pc a low tone arm.

An auditor who can't be heard, doesn't ack, doesn't give the
pc the next command, fails to handle origins, simply has OUT-TRs.

The auditor who is trying to be interesting to the pc, who
overacks, who laughs loudly, is *pulling* the pc's attention onto
himself. So the pc's attention, not being on his bank, doesn't
as-is or cognite.

The auditor whose metering bypasses F/Ns or calls F/Ns at
wrong points, or who tells the pc "That reads," "That blew down,"
etc., or who any other way uses the meter distractingly (the pc
knows when he is being under- or overrun and knows when he is
being mismetered) is of course violating the definition of IN-
SESSION. The pc's attention goes to the meter, not his bank, so
he doesn't AS-IS or cognite.

Auditor invalidation and evaluation is just plain villainy.
It interferes with pc cognitions. Other Code breaks are
similarly distractive.

A PERFECT SESSION

If you understand the exact definition of IN-SESSION, if you understand the pc's necessity to have his attention on his bank so as to AS-IS it and work out what is really going on in a session that brings about a cognition (as-ising aberration with a realization about life), you will then be able to spot all the things in TRs, metering and the Code that would prevent case gain.

Once you see that out-TRs, mismetering and Code breaks would PREVENT the IN-SESSION definition, you will see what would impede a pc from AS-ISING and cogniting.

When you have this figured out, you will then be able to see clearly what are IN-TRs, CORRECT METERING and CORRECT CODE APPLICATION.

There can be an infinity of wrongnesses. There are only a few rightnesses.

Recognition of right TRs, right metering and right Code use depend only on:

- a. Understanding the principles in this HCOB and
- b. Their practice so as to establish habit.

This mastered, one's pcs will get cognitions and case gain and swear by "their auditor"!

L. RON HUBBARD
Founder

LRH:mes.rd.gm.sk